




American Concrete Institute®
Advancing concrete knowledge

The Economics, Performance, and Sustainability of Internally Cured Concrete, Part 1

ACI Fall 2012 Convention
October 21 – 24, Toronto, ON

ACI
WEB SESSIONS



Jason Weiss is a Professor of Civil Engineering and Director of the Pankow Materials Laboratory at Purdue University. He earned a B.A.E. from the Pennsylvania State University and a MS and PhD from Northwestern University in 1999. He is actively involved in research on cement and concrete materials specifically focused on early age property development, cracking, transport in concrete, and concrete durability. Dr. Weiss has taught courses in civil engineering materials, concrete materials, service life, repair and non-destructive testing. His primary research interests are in the area of early age shrinkage cracking and mitigation as well as service life sensing and prediction. Dr. Weiss is a member of the American Concrete Institute (Past Chair of ACI 123), American Society of Civil Engineers, RILEM (Bureau Member, Past TAC member, TC CCD chair), Transportation Research Board (AFN 040 Chair), and American Society for Testing and Materials. He is editor in chief of the RILEM Materials and Structures Journal in 2012 and is an associate editor of the ASCE journal of Civil Engineering Materials and is a member of the editorial board of cement and concrete research. Dr. Weiss has authored over 200 publications with over 95 peer-reviewed journal articles. He is recipient of the NSF Career Award, the RILEM L'Hermitte Medal, the ACI W. P. Moore, ACI Young Member, and ACI Wason Awards, the ESCSI Erskine Award, the TRB Burgraft and Mather Awards for outstanding research and publications, and the ASCE Huber Award. He is a fellow of ACI and is also the recipient of the Wansik, Munson, Buck, and Burke awards for outstanding teaching/advising in the school of civil engineering, has received the Potter award for outstanding teaching in the college of engineering, and has been inducted into the Purdue Teaching Academy.

ACI
WEB SESSIONS




Internal Curing: Observations and Opportunities

Jason Weiss, wjweiss@purdue.edu, Purdue University
Professor & Director of the Pankow Materials Laboratory



ACI Fall 2012 Convention October 23rd, 2012 Slide 3 of 23



Objectives

- To understand the differences between conventional (external) and internal curing (IC)
- To understand why chemical shrinkage and self-desiccation play a key role in IC
- To quantify simple concepts behind mixture proportioning – Supply and Demand
- To understand how internal curing benefits are related to fundamental concepts
- To discuss how what we know is implemented
- To discuss emerging concepts which will no doubt continue to push the technology further

ACI Fall 2012 Convention October 23rd, 2012 Slide 4 of 23




Objectives

- Curing - External and Internal
- What is Self-Desiccation?
- Proportioning Concepts
- Benefits of Internal Curing
 - Increased Cement Hydration
 - Reduced Shrinkage and Restrained Shrinkage Cracking
 - Reduced Fluid Transport (Deicing Salts)
- Visions for the Future

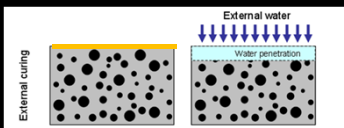



ACI Fall 2012 Convention October 23rd, 2012 Slide 5 of 23



External Curing

- Typically we cure concrete from the outside
 - Water Ponding: Supply of Additional Water
 - Curing Membranes: Reduce Loss of Water

ACI Fall 2012 Convention October 23rd, 2012 Slide 6 of 23

Why's & How's of Internal Curing

- HPC 'dense' and disconnects large pores
- Good for durability; bad for curing water mvmt.
- Self-Desiccation increases in low w/c and with SCM
- 'drying' from the inside without water loss
- Internal curing works from inside concrete using 'water reservoirs' that hide water till set

ACI Fall 2012 Convention October 23rd, 2012 Slide 7 of 23

Outline

- Curing - External and Internal
- What is Self-Desiccation?
- Proportioning Concepts
- Benefits of Internal Curing
 - Increased Cement Hydration
 - Reduced Shrinkage and Restrained Shrinkage Cracking
 - Reduced Fluid Transport (Deicing Salts)
- Visions for the Future

ACI Fall 2012 Convention October 23rd, 2012 Slide 8 of 23

What is Self-Desiccation

- The reduction in the internal relative humidity (RH) of a sealed system when empty pores are generated.
- What causes the pores to empty?
- Does the size of the pore that empties matter?

ACI Fall 2012 Convention October 23rd, 2012 Slide 9 of 23

Chemical Shrinkage

- Volume of the reactants larger than the products
- Le Chatelier
- Powers

ACI Fall 2012 Convention October 23rd, 2012 Slide 10 of 23

Self Desiccation and Setting

ACI Fall 2012 Convention October 23rd, 2012 Slide 11 of 23


Why is this an Issue in Lower w/c

- CS is not very sensitive to w/c at early ages
- AS should decrease as w/c increases.....
- Do higher w/c have less self desiccation ??
- The size of the voids:
 - Capillary vs Gel
 - Fewer/bigger voids
 - Lower pressures

ACI Fall 2012 Convention October 23rd, 2012 Slide 12 of 23

Outline

- Curing - External and Internal
- What is Self-Desiccation?
- **Proportioning Concepts**
- Benefits of Internal Curing
 - Increased Cement Hydration
 - Reduced Shrinkage and Restrained Shrinkage Cracking
 - Reduced Fluid Transport (Deicing Salts)
- Visions for the Future



Did you forget to take off your deicing salts?

ACI Fall 2012 Convention October 23rd, 2012 Slide 13 of 23

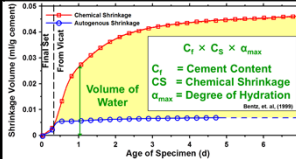
Mixture Proportioning Supply vs Demand

- Demand: Replace Chemical Shrinkage
- Supply – Water from the LWA

Demand = Supply

$$C_f C_s \alpha_{M,D} = M_{LWA} \phi_{LWA} S$$

C_f: Cement Content M_{LWA}: Mass of LWA
 C_s: Chemical Shrinkage φ_{LWA}: LWA Absorption
 α_{M,D}: Degree of Hydration S: Saturation Factor



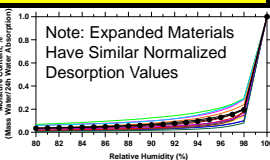
C_f × C_s × α_{max}
 C_f = Cement Content
 C_s = Chemical Shrinkage
 α_{max} = Degree of Hydration (from eq. 10.10)

Rule of Thumb
7 lb Water per 100 lb of Cement

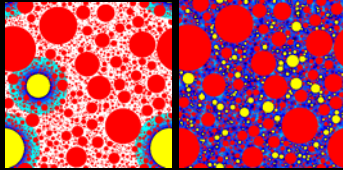
ACI Fall 2012 Convention October 23rd, 2012 Slide 14 of 23

Other Considerations

- Sufficient water volume (supply vs demand)
- Ability of the aggregate to release water (desorb)
- Aggregate distribution (fines preferred)



Note: Expanded Materials Have Similar Normalized Desorption Values




LIGHTWEIGHT AGG
 NORMAL WEIGHT AGG
 UNCONSTRUCTED PASTE
 PASTE WITHIN 0.0 Mm
 PASTE WITHIN 0.1 Mm
 PASTE WITHIN 0.3 Mm
 PASTE WITHIN 0.6 Mm
 PASTE WITHIN 1.2 Mm
 PASTE WITHIN 2.5 Mm

ACI Fall 2012 Convention October 23rd, 2012 Slide 15 of 23

Outline

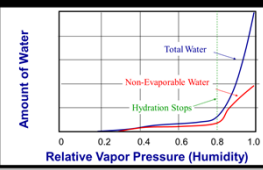
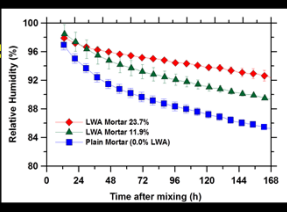
- Curing - External and Internal
- What is Self-Desiccation?
- Proportioning Concepts
- **Benefits of Internal Curing**
 - Increased Cement Hydration
 - Reduced Shrinkage and Restrained Shrinkage Cracking
 - Reduced Fluid Transport (Deicing Salts)
- Visions for the Future



ACI Fall 2012 Convention October 23rd, 2012 Slide 16 of 23

Increased Hydration

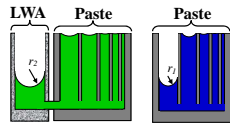
- Internal curing causes more cement to react
- Shown here with isothermal calorimetry
- Keeps RH higher
- Efficient – sustainability

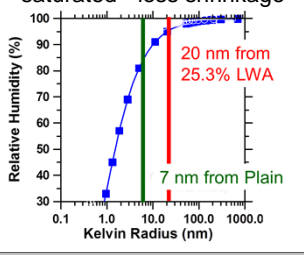
ACI Fall 2012 Convention October 23rd, 2012 Slide 17 of 23

Increasing Saturation and the Size of Pores Water Filled

- LWA Pores > Paste Pores
- Larger pores remain saturated - less shrinkage



$$\epsilon_p = \frac{S}{3} \left(\frac{2\gamma}{r} \right) \left(\frac{1}{K_p} - \frac{1}{K_s} \right)$$

$$\ln(RH) = \frac{2\gamma V_M}{rRT}$$


20 nm from 25.3% LWA
7 nm from Plain

ACI Fall 2012 Convention October 23rd, 2012 Slide 18 of 23

Reduced Shrinkage and Restrained Shrinkage Cracking

ACI Fall 2012 Convention October 23rd, 2012 Slide 19 of 23

Reducing Transport

- Reduced porosity - increased hydration
- Reduced ITZ and connectivity

ACI Fall 2012 Convention October 23rd, 2012 Slide 20 of 23

Outline

- Curing - External and Internal
- What is Self-Desiccation?
- Proportioning Concepts
- Benefits of Internal Curing
 - Increased Cement Hydration
 - Reduced Shrinkage and Restrained Shrinkage Cracking
 - Reduced Fluid Transport (Deicing Salts)
- Visions for the Future

ACI Fall 2012 Convention October 23rd, 2012 Slide 21 of 23

The Future of Internal Curing

- Practices and specifications being developed
 - Pavements in Texas
 - Bridge deck Ohio, Indiana, New York, Utah
 - Water tanks in Colorado

ACI Fall 2012 Convention October 23rd, 2012 Slide 22 of 23

Ready to Implement, But Need More Information?

- RILEM IC 196 Report
- ACI SP 218; SP from this session
- ACI 231, 308 docs
- NIST Report
- REACCT Short Course Videos
- <https://sites.google.com/site/afn40concretematerials/internal-curing-workshop>
- <http://ciiks.cbt.nist.gov/bentz/phpct/database/ic.html>

ACI Fall 2012 Convention October 23rd, 2012 Slide 23 of 23

The Future of Internal Curing


- Opportunities
 - Sustainability: More Efficient Use of Cement which implies reductions and greater substitutions
 - Sustainability: Works well with SCM's that have higher chemical shrinkage
 - Sustainability: Longer Lasting Concrete
 - Use of waste materials as porous inclusions
 - Hide fluids other than water (SRA, Lithium, Cl)
 - Applications in new systems (e.g. LW grid decks)
 - New models for performance

ACI Fall 2012 Convention October 23rd, 2012 Slide 24 of 23



Summary

- Internal Curing – Uses Water Reservoirs
- What is Self-Desiccation? “Drying” due to Chemical and Shrinkage Pore Size
- Proportioning Concepts
 - Supply and Demand
- Benefits of Internal Curing
 - Increased Cement Hydration
 - Reduced Shrinkage Restrained Cracking
 - Reduced Fluid Transport (Deicing Salts)
- Technology that’s ready to implement and grow



ACI Fall 2012 Convention October 23rd, 2012 Slide 25 of 23